What is [pm]INC?

[pm]INC is a revolutionary and innovative healing protocol that combines the latest empirical scientific research with centuries old teachings to allow my clients to achieve higher order transcendence and breakthroughs. I have been studying alternative healing modalities since 2005, with a dedicated emphasis on this healing modality since 2018. I have learned as an apprentice under some of the world's foremost experts, with my main teacher being in this domain for 40 years. I currently am working on my degree in psychology and have a passion to help people heal so they can become the best versions of themselves. I have experienced firsthand the unbelievable and sacred healing that can take place from this medicine, and believe it is my duty to be a guide to help others break free from the invisible chains that bind them.

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How does [pm]INC work?

This revolutionary and innovative healing modality uses three pillars to achieve a transcendent state of being. My client and I will work together intensively for at least 1 month prior to the healing ceremony to determine the best course of treatment. An individualized and personal healing ceremony will be developed using the following principles.

Integration: Understanding through visualization of the concepts of "subconscious yous", the shadow, and other exiled parts of you that are causing your current situation.

Nexus: The divine, sacred. and spiritual (not religious) connection between you and the healing power.

Congruency: Becoming a whole person, experiencing balance and harmony.

"The most healing I've ever received"

Personalized Healing ceremony

I work with my clients to understand their needs, and to understand where they feel they are being held back from becoming their ideal self. Based on this feedback, an individualized ceremony will be created, and you will be guided by me personally.

The following are the clients that will receive the most benefit based on my experience and training. However, no one will be turned away from services.

Professionals or middle-aged men or women that are curious or interested in this healing modality but are afraid or unsure how to get started.

Professionals or middle-aged men or women that have reached a "mid-life crisis", are lost or depressed and don't know why.

Professionals or middle-aged men or women that are still plagued by trauma (childhood or otherwise).

Professionals or middle-aged men or women that are in recovery from drugs or alcohol but seem lost, or who cannot maintain periods of abstinence.



Benefits

Healing benefits are unbounded. Clients can expect to be more creative, less fearful, more loving and empathic, and connected to the healing lifeforce that is always there. Lifelong traumas can be resolved. Other scientific benefits are as follows:

Neurogenesis: Habitual pathways in our brains are shut off, specifically in what is called the "Default mode network". This allows different parts of the brain to communicate, much like when you are trying to learn a new skill. Based on data collected over the past three years, for at least one month after a ceremony, new pathways are activated, allowing for new approaches to life. Some have reported life altering permanent changes (Stamets).

Sensory adaptation reset: Our brains create a reduction to sensitivity for our 5 senses, the healing medicine resets this.

Gate control theory: Pain signals and programming in the brain (PTSD or physical) can be reset at least temporarily, some have reported permanently.